



WS NSW Members in action.

Clockwise from top left: NSW Junior Wheelchair Basketball Squad; Adam Kellerman on court at the Cajun Classic, USA; Brad Pemberton at the Gosford Come'n'Try Day; Start line of the Sydney:10;

NOTICE OF ANNUAL GENERAL MEETING

Date: Monday 29 June 2015

Time: 6pm (Meeting) followed at 7pm with complimentary food and drink

Venue: Community Hall, Royal Rehab (Entrance off 59 Charles St, Putney)

RSVP: Thursday 25 June | 9809 5260 | reception@wsnsw.org.au

Chair's Report

We are all enthusiastic about the significant Lifetime Care and Support Authority (LTCSA) funding we are receiving. This funding will enable us to support our members better particularly these in regional NSW. As well all members i.e. Full (those with a disability) and Associate (able bodied) will be eligible for funding for courses of study that will benefit our organisation in the long run. Please contact the office if you need any clarification of these increased member opportunities.

Could I encourage members to attend our Annual General Meeting (AGM) on Monday 29th June at Royal Rehab at Ryde. Details of this AGM will be communicated to all members. This is a chance for members to analyse how we as an organisation are travelling. You will hear of the successes and challenges of the past year and a plan for the future. It also gives members a chance to have their say in the running of WS NSW.

On Friday May 8th we had our Annual Fundraiser Golf Day at Macquarie Links. It was another successful event thanks to all the golfers present (100+) and the great support of our sponsor Stacks Goudkamp Compensation Law Firm. Stacks has been with us for many years now, as our good friend Tom Goudkamp continues to demonstrate his commitment to WS NSW.

A pleasing feature of the Golf Day was the appearance of wheelchair basketballer Michael Auprince over lunch. As our guest speaker Michael spoke extremely well and recognised the contributions that WS NSW had made to his development over the past 12 years. Michael as you may have seen is the Paralympic face in the Channel 7 promo ads for the 2016 Rio Games.

I would like to mention a couple of generous groups that support WS NSW. One is Desert Duel, a group of individuals

that each year go on 4 wheel drive rallies in outback Australia to raise funds for charities such as us. For a number of years now they have provided funds for things like wheelchairs or to support our junior members. Di Pass one of our Board members is a keen member of Desert Duel, hence the connection.



The second group is the Cauliflower Club, a Rugby Union inspired organisation that have supported us of late with some large wheelchair purchases for our regional programs. Groups such as Desert Duel and the Cauliflower Club strongly believe in the work we do and for this we are very thankful.

Congratulations are in order for 3 of our lawn bowlers who represented Australia in the International Bowls for the Disabled World Championships earlier this year in N.Z. Carolyn Nelson from Engadine, Lynn Smith from Roselands and Doug Lambert from Coffs Harbour were part of a 14 person Aussie team. All performed well with Carolyn bringing home gold and bronze medals. Given we are a multi-sport organisation it is important to recognise the achievements in some of our smaller, but no less important sports.

David Piper OAM
Chair Wheelchair Sports NSW

SPORT UNIT CONTACTS at WS NSW

Ask us for support! If you are in need of assistance with programs, development / competition, events, coaching, finances, opportunities for your sport then contact the WS NSW Sports Unit. We are here to help!!

SYDNEY OFFICE: Sport Development Officers

Mark Wilson

9809 5260

markw@wsnsw.org.au

Athletics

Handcycling

Lawn Bowls,

Powerlifting,

Wheelchair Rugby,

Wheelchair Loans Scheme

Melanie Chapman

9809 5260

melaniec@wsnsw.org.au

Juniors

Basketball

Archery

Cue Sports

Shooting

Swimming

Table Tennis

Wheelchair Tennis

REGIONAL: Sport Development Officers

Sean Hannaford

0438 747 665

seanh@wsnsw.org.au

Northern

Hunter (including Central

Coast)

North Coast

Far North Coast

North West

Central West

Todd Parker

0438 125 593

toddp@wsnsw.org.au

Southern

Illawarra

ACT

South Coast

Riverina

Albury

CEO's Report

Our regional programs will now take on new dimensions with the funding from LTCSA. For the first time 2 Regional Sports Development Officers (RSDO) have been appointed. Todd Parker is the RSDO for the south of the State and he has taken up office residence at the University of Wollongong. And Sean Hannaford our RSDO for the north of the State will be based at the PCYC in Broadmeadow Newcastle. Details of their contact information is elsewhere in this Pushers Post.

So regional members should not hesitate to contact Todd or Sean in relation to their regional programs/events underway or ones that are proposed. Todd and Sean have designated regions and these correspond to some of our wheelchair sports hubs around NSW. RSDO's will work closely with our wonderful regional volunteers who have been conducting programs, some of which are long term. Also our RSDO's will combine forces with our 2 current Sports Development Officers (Mark Wilson and Melanie Chapman) when bigger regional events are being conducted.

A memo was sent to all members regarding grants for Member Sports Administration courses. This is a golden opportunity for all members wishing to do a course of study, related to the work WS NSW does, and receive funding of up to \$1000 per year. Simply a member must demonstrate that the course of study will enable that member to give back to WS NSW in the future. Course in things like Coaching, Officiating, Sports Science, Sports Marketing, First Aid and the like will be funded upon application.

We note a number of members have not renewed their membership for this year. Unfortunately we haven't been able to send a reminder to these members yet as we have had issues transferring all our members' details from a basic member database to a more sophisticated

database system ThankQ. ThankQ as the name suggests is significantly linked to our fundraising programs. We ask members to bear with us as we iron out the glitches in this transfer of member information. At this point if members are in doubt about their membership status then contact the WS NSW office.



Could I remind members that they must be current financial members to apply for any grants including the new and exciting Member Sports Administration grants. As well unless members are financial, for insurance and legal reasons, they are not entitled to participate in any WS NSW run programs/events or WS NSW sanctioned programs/events such as national competitions.

On a related matter whilst we encourage individual members or team/groups to do their own fundraising for their sport, it must all come under WS NSW as our organisation is the one that has the charity status for receipting any donations. We would ask members in this situation to work through our Fundraising Manager Helen O'Connor.

We wish all members the very best for their winter sport seasons and we look forward to celebrating your achievements both big and small.

Jim O'Brien
CEO

WS NSW PROFESSIONAL DEVELOPMENT GRANTS EXTENDED DEADLINE – 30 June 2015

- Are you a member of WS NSW (Full or Associate)?
- Are you undertaking (or planning to undertake) a course in sport administration eg Coaching, Refereeing, Officiating, Sports Science, Sports Trainer, First Aid, Sports Marketing etc?
- Would you like to be reimbursed for this course (up to \$1,000)?

If you answered Yes! to the above then go to the WS NSW website, download and complete the Professional Development Grant application. <http://wsnsw.org.au/membership-grant-opportunity/>

Share this with all members and supporters so we can grow and develop support services of WS NSW. If you are not a member of WS NSW you can become one for \$30/year.

Fundraising News

Meet our new Fundraising Manager – Helen O'Connor



- **3 things I couldn't live without:**

My husband, family and extended family – not that they're "things" but I couldn't live without them – they mean the world to me.

- **One thing not many people would know about me:**

There's probably a lot of things that people wouldn't know about me. One thing is that I am afraid of heights yet I've skydived, paraglided, bungee jumped and abseiled. Rest assured none of these cured my acrophobia.

- **Sports hero or person of inspiration:**

I'm pretty much in awe of most people who've strived to be the best at what they do. I'm particularly inspired by those who achieve that against the odds.

- **Most memorable WS NSW moment so far**

Apart from my first day and being welcomed by a warm and talented team of people, I attended the Wheelchair Sports Race Day at the end of my first week, which was a great day that was so well organised and raised significant funds through the generosity of many wonderful supporters.

2015 Stacks Goudkamp Charity Golf Day – Friday 8 May



The sun was shining for our 2015 Stacks Goudkamp Charity Golf Day on Friday 8

May at Macquarie Links International Golf Club – with a strong turnout of just over 100 players.

One highlight of the day was a surprise appearance by Benji Marshall from the NRL St George Dragons, who played a few holes before heading off to training.

WS NSW member and Paralympian, Michael Auprince was the guest speaker who talked about his renewed focus on basketball after finding great success in swimming, and striving to achieve at the highest levels.



One of the Stacks Goudkamp teams



Gary Dawson OAM interviewing Michael Auprince OAM

The day is a significant fundraising event on our calendar which raises vital funds for the programs and services Wheelchair Sports provide to members. We are very grateful for the support of our major event sponsor Stacks Goudkamp and other sponsors, GIO, Perpetual Private, 360 HR and Stacks Finance who all contribute to the success of the day.

Congratulations to Gary Dawson of Bullant Sports and Matt Laverty of Laverty Corporate Golf, for their unwavering support and organisation of this fabulous day that's enjoyed by so many who come back year after year.

City2Surf | Sunday 9 August, 2015 - Sydney to Bondi

It's on again! Time to get into training for the 2015 City2Surf!



This great event gives you the opportunity to take on this challenge, involve your family and friends and raise funds for Wheelchairs Sports NSW.

In 2014 over \$20,000 was raised and we hope that we can smash that in 2015!

All WS NSW members who get involved and fundraise using the WS NSW fundraising platform for the 2015 City2Surf will receive 50% of funds they raise for their own levy account.

Everyone who enters City2Surf with WS NSW will also receive a Team Shirt, fundraising support and complimentary lunch at the finish line!

So rally your friends and family to conquer the 14km course with us on August 9th.

To get involved, follow the steps below or contact our fundraising team on 02 9809 5260 or email - fundraising@wsnsw.org.au

We look forward to conquering City2Surf with you in 2015!

1. Go to www.city2surf.com.au and enter as an individual in your preferred category
2. Then go to <http://city2surf.everydayhero.com.au> and click 'Start Fundraising' to create a fundraising account and join the 'Wheelchair Sports NSW' team.



Important dates:

Sunday 9 August 2015 - City2Surf - Sydney to Bondi



Friday 30 October 2015 – WS NSW Annual Luncheon at the Amora Hotel Sydney

For further details on any of these events, visit <http://wsnsw.org.au/how-you-can-help/fundraising/> or contact the fundraising team on 02 9809 5260 or email fundraising@wsnsw.org.au

Do you wish to Fundraise? How do I get Fundraising Support?

As an added benefit to your WS NSW Membership, WS NSW extends permission for the use of online fundraising to Members of WS NSW; whereby a member can set up a fundraising page on Everyday Hero or GoFundraise to collect donations via Wheelchair Sports NSW for their Levy Account. Funds to be used on approved sporting expenses, in accordance with the Terms and Conditions as stated below.

Any WS NSW member wishing to fundraise online via Everyday Hero or GoFundraise must notify WS NSW of their intention to fundraise prior to commencing fundraising by completing and returning our Request to Fundraise Online form (please contact us on 02 9809 5260). Once the completed form has been received and approved, WS NSW will guide members through setting up a fundraising page as well as tips on maximising their fundraising. In the event that a Request to Fundraise Online form is not submitted to Wheelchair Sports NSW for approval, funds raised by a member's online fundraising page cannot be transferred to the member's levy account.

For further information, please contact the Fundraising team at Wheelchair Sports NSW on 02 9809 5260 or via email – fundraising@wsnsw.org.au



Over the past few months the Roadshow program has been busy with regular school bookings and quite a few new bookings, which is exciting. This is due to a lot of promotional work that has been carried out via email contact to all schools throughout NSW.

There has been considerable focus on building up the regional Roadshow trips for this year. We have been on two Regional trips in the past three months to Muswellbrook and Bathurst regions, with another trip coming up in the next few weeks to the Lithgow region.

It is also important for our regional members to help assist us with promoting this unique and educational Roadshow program to your local schools, TAFE's, Uni's and Community groups, so that we can come and visit your local area.



We have recently taken ownership of a new Mercedes Sprinter Van for the WS Roadshow program. This has had hand controls and wheelchair lift installed in the past month and is currently having the Roadshow signage applied.

We are always looking to employ Roadshow Presenters (Members of WS NSW) to work as part of our team. If you or someone you know may be interested in casual work - visiting schools, TAFE's or Community groups to present essential information and involve students in a game of wheelchair basketball, please do not hesitate to contact the WS NSW office.

If you or anyone in your family attends school, TAFE or University please advise the Principal, Head PE Teacher or Year Advisor of the unique Wheelchair Sports NSW Roadshow program that we conduct. Details below to contact for further information.

Contact: Mel Jones – Roadshow Manager
9809 5260
reception@wsnsw.org.au

Sport Shorts



Archery

Wheelchair Sports NSW members Jonathan Milne and Stephan Wagner competed at the Para National Archery Championships in Melbourne in May. Jonathan placed first in this event and Stephan came in second! Congratulations to both of our WS NSW Archers.



2015 National Archery Championship Winners



Athletics International Swiss Nationals

Angie Ballard T53
1st 100m
1st 200m
1st 400m – World Record
1st 800m
8th 1500m

Rosemary Little T34
2nd 100m
2nd 200m
3rd 400m
2nd 800m
2nd 1500m

Richard Nicholson T54
13th 400m
17th 800m
16th 1500m
24th 5000m

National

93rd Annual Athletic Championships- Australian Athletic Championships

A number of WS NSW athletes made the trip up to Brisbane for the 93rd Annual Australian Athletics Championships. Results listed below.

Men's T54 800m
2nd Kurt Fearnley
Men's T52 800m
4th Jono Tang
Women's T34 800m
1st Rosie Little
4th Emily Rozos
Women's T53 800m
2nd Angie Ballard
Men's T54 400m
5th Richard Nicholson

Men's T52 400m
6th Jono Tang
7th Jason Lachance
Women's T34 400m
1st Emily Rozos
Women's F42 Shot Put
3rd Julie Charlton
Women's T34 100m
1st Emily Rozos
Men's T52 100m
6th Jason Lachance

Sydney:10

Seven WS NSW members took part in Athletics NSW Greater Sydney:10 on Saturday 2nd May 2015. Taking a break from the weekly training sessions, held at either the SOPAC or SOP Warm Up arena, the group gave their best and made the most of a dry morning on the 10K course.

On the day it was Luke Bailey (Forster AC) who took out the race, with Bradley Pemberton (Mingara AC) in second and Paul Ashley third (Unattached). Also involved were members Julie Charlton (Cherrybrook AC), Emily Rozos (St Georges District AC), Jono Tang (Syd Uni AC) and Greg Luff (Sutherland Districts AC).

1. Bailey, Luke 27:11.00
2. Pemberton, Brad 30:58.00
3. Ashley, Paul 31:12.00
4. Tang, Jonathan 40:28.00
5. Rozos, Emily 42:53.00
6. Charlton, Julie 43:03.00
7. Luff, Gregory 45:20.00

Great Ocean Road Marathon

Following on from his success at Summer Down Under and his performances at the recent Australian National Championships, Jono Tang made the trip down to the picturesque Apollo Bay, to take part in the Great Ocean Road 15K Wheelchair race. Competing against top athletes such as Richard Colman, Jemima Moore and Sam Macintosh, Jono gave a good account of himself, finishing the event in 56:20.

Balmoral Burn

5 Members of WS NSW took place in the Humpty Dumpty Foundation Balmoral Burn on the 31 May. 420m straight up Awaba St Balmoral is no easy task. Just ask these guys - Paul Ashley, Luke Bailey, Kurt Fearnley, Bradley Pemberton and Cormac Ryan.

Development

The development squad continues to train regularly at the Sydney Olympic Park, with Angie Ballard and Louise Sauvage leading sessions alongside Laura Briennesse. Madison De Rozario (WA) has now also joined the fold and become involved in leading some of the group through the sessions.

Sarah Clifton Bligh and Oliver House are two of the newer members of the group. Both are making great improvements and constantly pushing themselves through the sessions. Coach Sauvage has also been seen in a racing chair at recent sessions, showing she still hasn't lost any of her competitive spirit, helping motivate some of the group.



Basketball

International

Wollongong Roller Hawks Nick Taylor, Luke Pople and Michael AuPrince travelled as a part of the Aussie Rollers team who toured the USA over a two week period in March. The Rollers spent a week at the University of Alabama and then headed to Birmingham to play the USA, Canada and Great Britain.



Roller Nick Taylor v USA

2015 Fazza International Wheelchair Basketball Tournament

2015 Wollongong Roller Hawk and WS NSW member Tim Markcrow travelled over to Dubai with the Australian Emerging Rollers team to compete in the 7th Fazza International Wheelchair Basketball Tournament. Tim was one of eight international rookies who were picked in the team. Tim scored 4 points in the game against Morocco. The team managed to finish the tournament with one win, defeating the home team the UAE 54 – 40.

National

Women's National Wheelchair Basketball League

Round 1 of the Women's National League kicked off in early May with the Sydney Uni Flames hosting Round 1. The Flames managed two wins from four games in this round and were placed 3rd at the conclusion of the Round. The Stacks GoudKamp Bears won one out of four games and were in 5th spot after the Round. WS NSW Junior Maryanne Latu played her first game in the Women's National Wheelchair Basketball League Round 1 for the Stacks Goudkamp Bears. Maryanne has only been playing the sport of wheelchair basketball for a year. Congratulations Maryanne!

In Round 2 the women travelled up to Brisbane. The Bears were unable to get a win in Round 2 and remain in 5th spot heading into Round 3. The Flames won one game in Round 2 and sit in 4th spot at the end of the round.

Round 3 of the Women's National Wheelchair Basketball League will be held in Victoria 12 – 14 June.

National Wheelchair Basketball League

The Men's National Wheelchair Basketball League began with a cluster round in Victoria. The Wollongong Roller

Hawks came away with two wins from three games and currently sit in 3rd spot on the ladder. The Sydney Metro Blues (formally the Sydney Uni Wheelkings) were unable to find a win in Round 1 and currently sit in 5th spot.

In Round 2 the Wollongong Roller Hawks hosted the Red Dust Heelers. The Heelers won the first game of the weekend (67-58), while the Roller Hawks took the second game (79-45).

The Sydney Metro Blues had a Bye round.

NSW Juniors Basketball – 2015 Kevin Coombs Cup

Wheelchair Sports NSW sent two NSW teams to the 2015 Kevin Coombs Cup (Junior National Wheelchair Basketball Championships) in Ballarat, Victoria.



NSW DARK BLUE: Back Row: Nicole Palmer (Manager and Troy Sachs (Coach) Middle Row: Coban Palmer, Georgia Munro-Cook, Jess Cronje and Jess Pellow Front Row: Ben Meoli, Taitum Brown and Max Illingworth



NSW LIGHT BLUE: Back Row: Troy Sachs (Assistant Coach), Kris Riley (Manager) Middle Row: Frank Dushimirimana, Catherine Nelson, Hannah Dodd, CJ Grogan and Josh Meoli (Coach) Front Row: Georgia Inglis, Maryanne Latu and Ash Pellow

The Championships are named in honour of an inspirational indigenous athlete and an original Aussie Roller Kevin Coombs. A 5 time Paralympian and a great leader. Kevin is a perfect role model for current and aspiring Rollers and Gliders.

"If you feel good about yourself, you can achieve anything... I always thought there was no one better than me, because I trained and played hard and because I had ability." – Kevin Coombs.

Sport Shorts cont.

Our 2 NSW teams were split evenly with a good spread of experienced and rookie players in each team. This was a great way to split the teams as the more experienced players were able to act as mentors and pass on their knowledge and experience. As a result we saw huge improvements in skill and confidence in all NSW Juniors players across the week. This is a great sign for wheelchair basketball in NSW.

The first game for the NSW teams in the 2015 Kevin Coombs Cup saw them face one another and NSW Light Blue were able to put their first points on the board with a 54 – 28 win over NSW Dark Blue.

In the rest of their round robin games NSW Dark played well and managed to get a convincing win over the QLD Roaring Thunder team (71 -12) to see them finish 5th on the table. They played the QLD Roaring Thunder again in the 5th/6th playoff and were able to once again come away with a convincing 82 – 27 win and secure 5th spot overall.

After their first win the NSW Light team also had wins against Victoria (62-36) and QLD Roaring Thunder (48-17) in the opening rounds. With 3 wins and 2 loses the team finished in 3rd place and played Western Australia (WA) in their semi-final. WA proved too strong for the NSW side winning the game 75 – 50. This loss sent NSW to the bronze medal playoff against Victoria. Both teams started strong but the Victorians settled first and took control of the game. In the final quarter NSW lifted their defence and created turn over after turn over and went on a 10 point run to take the game down to the very last seconds. After a great fight back NSW Light just could not quite make up the gap and the Victorian team claimed the bronze medal by three points (51 - 48).

CJ Grogan was the highest points scorer for NSW Light with 188 points and Georgia Munro-Cook was NSW Dark's highest scorer with 129 points. All members of the NSW Juniors team who attended should be extremely proud of their performances. They represented NSW exceptionally well both on and off the court.

Thank you to our Coaches Troy Sachs and Josh Meoli and Managers Nicole Palmer and Kris Riley for your hard work in the lead up to and during the 2015 Kevin Coombs Cup which make the trip such a success.

WS NSW must also thank the Ashley Coops Trust for their generous funding to support the NSW Juniors attending the Kevin Coombs Cup. The Ashley Coops Trust gave \$2,250 worth of grants to eligible junior members to help with their travel costs to Ballarat to compete at the 2015 Kevin Coombs Cup.

Ashley Coops Trust

For more information on the funding available to juniors through the Ashley Coops Trust please contact Melanie (melaniec@wsnsw.org.au).

State

Autumn Wheelchair Basketball League

The 2015 Autumn Wheelchair Basketball League was a great success. Six teams competed across two weekends of competition. This Autumn League was focused less on the competition and more on the development of new players in their first competition. There were 8 players participating for the first time in a WS NSW basketball league. Congratulations to Cormack, Chase, Ethan and Taitum who played with the NSW Juniors while Frank and Nick played with Illawarra. Sandra played with the Sydney Uni Flames and Brad played with Sutherland.

There was great feedback from a parent who said that with the inclusion of the new players and younger juniors, the atmosphere that was created was great. There was a lot of encouragement and support for these new players with no one was worrying about the scores, rather they were just enjoying being out on the court. The parent stated of the whole Autumn League "I think this was the best one yet".



Autumn League action.



Autumn League action

Country Cup

24 – 26 July, Sydney Academy of Sport Narrabeen

The Country Cup gives our regional basketball teams a chance to come together over a weekend in Sydney, and to improve their wheelchair basketball skills and team work over several games and coaching sessions. Entries are now open and information has been sent out and put on the WS NSW Website and Facebook Page. For more

information please email Melanie (melaniec@wsnsw.org.au).

Come 'n' Try Days

There have been 2 Basketball Come 'n' Try days in 2015. At both days participants were taken through wheelchair basketball skills and then enjoyed a social game of wheelchair basketball with some of the NSW junior players. WS NSW recruited some new members through both days. The majority of these new members went on to participate in the Autumn Wheelchair Basketball League and 12 year old Taitum who came to the first Come 'n' Try day was selected to attend Kevin Coombs Cup with the NSW Juniors after just one outing!



Handcycling

International

Paracycling World Championships

WS NSW members Grant Nickel and Emilie Miller (pictured below) have been selected to be part of the Australian team for the UCI Para Cycling Road World Championships. The Championships will be held 29 July-2 August in Switzerland. The event will be both Grant and Emilie's debut international event. The selection is well deserved for both Emilie and Grant, both of whom have been regulars in the WS NSW handcycling series as well as the Cycling Australia national events.



We wish both the best of luck over in Europe in what promises to be the trip of a lifetime.

If you are interested in getting involved in handcycling, contact Mark on 02 9809 5260.



Lawn Bowls

2015 WS NSW Singles Classic

The Everglades Country Club again proved itself a stellar host for the 2015 WS NSW Singles Classic. Held in Woy Woy for the third year, the competition again proved very worthwhile, providing an opportunity for members, both longstanding and new, to get together and compete over the 3 days. With last year's winners Joanne Hunter (Gynea) and Eddie Gollan (Raymond Terrace) absent through prior commitments, the field was open for a new champion in each division.

Lynn Smith (Roselands) and Gilbert Hicks (Taree) took

out first place in the Women's and Men's divisions respectively. Gilbert proved the value of consistency, not dropping a game through the three days and ensuring he stayed in the contest till the last end. He defeated Carl Thompson (Dural) in the final. It was a slightly different story in the Women's division, where an all-conquering Joy Boyd (Warilla) was defeated for the one and only time by Lynn Smith in the final.



Graham Clayton in action at the Singles Classic

A special mention to both Brett Stanford (Boorowa Ex Services Club) and Garry Fish (Young BC) who competed in their first WS NSW Bowls competition, making their trip up from the South West of the State to the Central Coast. Another competitor who impressed with his performances on the green was Ryan Wood, who with some solid local support, made his way to the semi-finals. This is a far cry from a year ago where he failed to register a single win at the 2014 Singles Classic. No doubt this will give Ryan great confidence going forward into the upcoming competitions.

The next WS NSW competition will be held back up on the Mid North Coast at Taree Leagues from the 4-8 August. If you would like any more information regards the competitions or the WS NSW multi-disability lawn bowls program please call Mark Wilson on 9809 5260 or email markw@wsnsw.org.au



Rugby

Wheelchair Rugby Summer Series

Despite being the home of wheelchair rugby stalwarts Ryley Batt and Thomas Kennedy, it has been a number of years since Port Macquarie saw some wheelchair rugby action. WS NSW hosted a round of the Wheelchair Rugby Summer Series at the Port Macquarie Indoor Sports Stadium. 20 players from across NSW, Vic and QLD made their way to the Mid North Coast to take part in the competition.

Run as a development tournament, the Port Macquarie round gave an opportunity for our less experienced players to have some serious court time with current Paralympic and World Champion players. With amalgamated teams to ensure even competition, wheelchair rugby was definitely the winner. A good time was had by all and we are thankful for all the local support we received and the

Sport Shorts cont.

efforts of all the players and families who made their way to Port Macquarie.

Fierce 4 Rugby Challenge

The 1st round of the Fierce 4 Rugby Challenge was held in Brisbane over 3 days at the end of March. The GIO NSW Gladiators were without Andrew (AJ) Holloway and Ryley Batt, which made the task of getting over a tough Victorian side that much harder. We welcomed back seasoned campaigner Pete Allen, who brought a lot of experience and straight talking to the squad. Unfortunately we struggled to combat the speed and power of the Victorians who went through the 3 days undefeated and taking out Round 1 of the Fierce4 Rugby Challenge.

Sydney Slam

The Sydney Slam kicked off on in March at the new home of the NSW Gladiators, Netball Central in Sydney Olympic Park. In a slightly rusty first hit out for some, it was the West team, led by the experienced Gerry Braddon, who took the win in Round 1.

For the 2nd round, held in April, we returned to the ANU Sports Centre, Canberra. 16 players made the trip to the ACT, with 4 teams competing. Andrew Edmondson showed great commitment to back up after only landing on the day before from the U.S. Andy had spent the past 6 months playing rugby with the Sierra Storm Wheelchair Rugby Team in the US Quad rugby competition.

In a special format for this regional round, the 4 teams competed in a round robin format with the top two teams going into the final. The final saw Easts give Andrew Edmondson a welcome homecoming, taking the win and making the trip home that much more pleasant.

Round 3 saw the East team take it out again with a dominant display on a cold morning at Ryde YMCA. The competition is definitely "amping" up as the boys get more game and training time under their belts, all building into a big second half of the year and another tilt at Nationals glory.

If you are interest in playing and/or being involved in the wheelchair rugby programme, contact Mark Wilson on 9809 5260.



Swimming

German Swimming Championships

Reagan Wickens won Bronze in the 800m Freestyle (all classes). Reagan did so in a 22 second personal best time and a new Oceanic and Australian Record. In the S6 class Reagan placed 1st in the 200m Freestyle and 50m Butterfly.

2015 Australian Swimming Championships

Matt Levy OAM won 2 Gold Medals at the recent Australian Swimming Championships in the 50m Breaststroke and 200m Individual Medley. Matt also won 3 Bronze medals in the 100m Freestyle, 100m Breaststroke and 50m Freestyle.



Tennis

Since the Australian summer of wheelchair tennis our WS NSW tennis players had some time to relax before heading off on various international tours in Taiwan, Sri Lanka, America, South Africa and Japan.

Taiwan Open: Ben Weekes and doubles partner Tom Egberink (NED) were Runner's Up in the Men's Doubles.

Arizona Open: Keegan Oh-Chee was the winner of both the Men's singles and Men's doubles, partnering with Steve Baldwin from the USA in the doubles.

SSC Open, Sri Lanka: Janel Manns won the Women's doubles partnering with Yuka Chokyu from Canada. Jerry Markjoa and Stephan Rochecouste also played in this tournament.

BNP Paribas World Team Cup Asian Qualifier: Janel Manns was a member of the Australian women's team who qualified for the 2015 World Team Cup.

2015 BNP Paribas World Team Cup (Turkey)



Aussie team at the 2015 BNP Paribas World Team Cup

Keegan Oh-Chee, Ben Weekes, Adam Kellerman took home Bronze from the World Team Cup for 2015. A marvellous result. Janel Manns and the Australian Women placed 10th in the Women's Tournament.



wheelies Juniors

NSW Juniors Training Camp

WS NSW Junior Members Chase and Cormac were invited to attend the NSW Junior Wheelchair Basketball training in May at the Sydney Academy of Sport in Narrabeen. The boys had a fantastic time and all the NSW Juniors team loved having them at training for the day. Chase and Cormac learnt some important wheelchair basketball skills. The NSW Juniors hope to see them back next training camp!

School Sport Unit Athletics Carnival

WS NSW attended the School Sport Units Athletics Carnival at Campbelltown Athletics Centre. Two of our junior members Sarah and Amro were there. Sarah had her racing chair with her and Amro borrowed one from WS NSW for the day. The two were able to race each other in the 100m, 200m and 400m and Sarah even

competed in Shot-put. Amro said his arms were too tired after racing!

Come 'n' Try Days

WS NSW also held a multi sports day with Paraquad NSW at Garnett Adcock Park in West Gosford. It was a fantastic day of sports including wheelchair tennis, basketball, lawn bowls and handcycling.

Wheelchair basketball and tennis proved to be hits, with attendees and coaches travelling from as far as Newcastle and Sydney to participate and make the morning a success. Maurice Murphy from Tennis NSW attended, as did WS NSW member Mark Whiteman from Bowls Australia. Our very own Mark Wilson conducted the basketball and the handcycles were provided by Return2 Sport, Sunrise Medical and Invacare.

WS NSW Life Member Errol Hyde was also in attendance and showed everyone a thing or two, whether it was with the tennis racket or on the basketball court.

The next Come 'n' Try Day will be an Archery day. 28th June at Sydney Olympic Park Archery Centre. Keep an eye out on the WS NSW website and Facebook page for more details.

Junior Wheelies Christmas Camp Save the Date!

11 – 13 December 2015

For more information email Melanie (melaniec@wsnsw.org.au)

Regional News

Coffs Harbour

The Coffs Harbour All Abilities Handcycle club has been established for well over 3 months and the response has been excellent. As part of the program, local coordinator Hank Duchateau, provides access to local WS NSW members who want to get involved with Handcycling. Run out of the Toormina Velodrome, home of the Coffs Harbour Cycling Club, Hank runs a 2 hour slot each Tuesday with members able to access the handcycles and engage in a fun, safe physical activity.



Hank Duchateau receiving one of the track chairs from Mark Wilson for the Coffs Harbour program

During a regional visit Sport Development Officer Mark Wilson also dropped off two track chairs to Hank's programme to add to the options available to some of our Far North Coast members.

New Chairs



WS NSW received a generous donation from The Cauliflower Club for the purchase of 24 new chairs for our regional centres. The chairs were distributed to the following WS NSW regional programs; Wagga 3, Griffith 5, Canberra 2, Sutherland 2, Maitland 6 and Newcastle 6. A chair presentation was conducted with the Cauliflower Club Wagga and WS NSW member Daniel Lloyd at the Marketplace in Wagga. Prime 7 news Wagga ran a story on the Wagga Wheelchair Basketball program and the handover of the chairs. Other chair handovers have taken place in Griffith and Sutherland with Kerry Henry from the Cauliflower Club and WS NSW member Simon Kirkman in Griffith, and Cauliflower Club's Kirsten Lodge and our own Andy Edmondson presented to Tom and Sarah Walsh in Sutherland. Similar presentations will happen in Canberra, Maitland and Newcastle.

The Cauliflower Club has also donated funds to purchase the 24 wheelchairs for our 2 new Regional Sport Development Officers. 12 will travel around the south of the State with Todd Parker and 12 around the north of the State with Sean Hannaford. WS NSW would like to thank the Cauliflower Club for their generous donations towards the purchase of chairs for our regional programs.

Shipping container Kevin Betts Stadium

The Cauliflower Club has also donated funds to buy a shipping container to place at Kevin Betts Stadium. This shipping container will store the basketball wheelchairs used for the Western Sydney Wheelchair Basketball Program.

A giant thanks to the Cauliflower Club for this great support.

Play by the Rules

WS NSW advocates the use of Play by the Rules www.playbytherules.net.au by our membership in their sporting endeavours. PBTR is a national initiative that provides information, resources, tools and free online training to assist preventing and dealing with discrimination, harassment and child safety issues in sport.

Wheelchair Sports NSW and Royal Rehab working together



Upcoming Events

Date	Level	Sport	Event	Location	Event contact
June					
Tuesdays		Rugby	Rugby Training	Ryde Community Sports	WS NSW - Mark
Saturdays		Athletics	Track and road racing training	Sydney Olympic Park At	WS NSW - Mark
			Queens Birthday Public Holiday		
12-14	National	Basketball	Women's National Wheelchair Basketball League	Victoria	Basketball Australia
13	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
20-21	National	Basketball	Men's National Wheelchair Basketball League Round 3	Various Venues	Basketball Australia
19-21	National	Rugby	Fierce4 Rugby Melbourne Challenge	Melbourne	WS NSW - Mark
	International	Rugby	Australia vs Canada Test series	Melbourne	IWRF - www.iwrf.com
21	Development	Tennis	Tennis Clinic	City Community Tennis,	WS NSW - Melanie
26-28	National	Basketball	Men's National Wheelchair Basketball League Round 4	Various Venues	Basketball Australia
28	Development	Juniors	Junior Come N Try Day	TBC	WS NSW - Melanie
July					
Tuesdays		Rugby	Rugby Training	Ryde Community Sports	WS NSW - Mark
Saturdays		Athletics	Track and road racing training	Sydney Olympic Park At	WS NSW - Mark
10-12	National	Basketball	Women's National Wheelchair Basketball League	North Sydney	Basketball Australia
11	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
4-5	National	Basketball	Men's National Wheelchair Basketball League Round 5	Various Venues	Basketball Australia
	International	Rugby	New Zealand National Championships	New Zealand	WS NSW - Mark
24-26	Development	Basketball	Country Cup	Sydney Academy of Spo	WS NSW - Melanie
19	Development	Tennis	Tennis Clinic	City Community Tennis,	WS NSW - Melanie
19	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
26	Development	Juniors	Junior Come N Try Day	TBC	WS NSW - Melanie
17-19	National	Basketball	Men's National Wheelchair Basketball League Round 6	Various Venues	Basketball Australia
24-26	National	Basketball	Men's National Wheelchair Basketball League Round 7	Various Venues	Basketball Australia
August					
Saturdays		Athletics	Track and road racing training	Sydney Olympic Park At	WS NSW - Mark
9		Fundraising	City2Surf	Sydney to Bondi	WS NSW - Helen
7-9	National	Basketball	Women's National Wheelchair Basketball League Finals	Perth	Basketball Australia
	International	Rugby	IWRF World Championships	Odense, Denmark	IWRF - www.iwrf.com
19-21	National	Rugby	Fierce4 Rugby Nationals		
	National	Rugby	Border Bash	Albury	WS NSW - Mark
	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
22	State	Swimming	NSW Multi-Class Meet #3	Blacktown Pool	WS NSW - Melanie
TBC	Development	Basketball	Winter Wheelchair Basketball League	TBC	WS NSW - Melanie
23	Development	Tennis	Tennis Clinic	City Community Tennis	WS NSW - Melanie
31-2	National	Basketball	Men's National Wheelchair Basketball League Round 8	Various Venues	Basketball Australia
30	Development	Juniors	Junior Come N Try Day	TBC	WS NSW - Melanie
September					
Tuesdays		Rugby	Rugby Training	Ryde Community Sports	WS NSW - Mark
Saturdays		Athletics	Track and road racing training	Sydney Olympic Park At	WS NSW - Mark
	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
	State		NSW Handcycling Series - Dates TBC (4 rounds)	Various Venues	WS NSW - Mark
18-20	International	Tennis	South Pacific Wheelchair Tennis Open	West Street Tennis Com	WS NSW - Melanie
20	Development	Tennis	Tennis Clinic	TBC	WS NSW - Melanie
19-21	National	Basketball	Men's National Wheelchair Basketball League Finals	Victoria	Basketball Australia
	National	Athletics	Blackmores Sydney Running Festival	Sydney	WS NSW - Mark
	State	Rugby	Sydney Slam Series	Ryde Community Sports	WS NSW - Mark
27	Development	Juniors	Junior Come N Try Day	Royal Rehab, Putney	WS NSW - Melanie
	State	Lawn Bowls	2014 NSW Multi-disability Lawn Bowls State Championships	TBC	WS NSW - Mark



For more information or enquiries call: 02 9809 5260 OR WE ARE LIVE @ www.wsnsw.org.au

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